



Group Plan

Group Name: _____ **Group Dates:** _____

Strength and Resiliency Factors

Shared experiences		Institutional support		Respect for group boundaries		Pre-group interviews	
Creativity		Motivation		Cohesion		Expressivity	
Reflectivity		Adaptability		Openness		Empathy	

Barriers

Aggression		Avoidance		Boundary challenges		Denial	
Institutional resistance		Chaotic environment		Inconsistent engagement		Confidentiality challenges	

Structure

Open		Voluntary		Time limited	
Closed		Involuntary		Ongoing	

Purpose

Self-help		Support		Psychoeducation	
Therapeutic		Process		Other:	

Composition

Age range	Trauma types	Size

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Agency

Timeframe

Authorization Period		Session Frequency	
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Context

Outpatient		In-Home		Community		Hospital	
Residential		School		Shelter		Other:	

Group Plan:

Is the group ready for Storiez? Why/why not? If not, when might it be ready?

Are there issues that the group should work on prior to introduction of Storiez?

How can I incorporate Storiez into the existing group process?

How detailed can group members' stories be based on the limitations of my setting?

How would I introduce Storiez to the group?