



Storiez: A Group Treatment Guide Training Outline

1. The Complexity of Groups- Strengths and Challenges
 - a) The therapeutic power of the group
 - b) Creativity, destruction, and chaos in groups
 - c) Group development
2. Defining the Group
 - a) Defining the group
 - b) Composition
 - c) Pre-group interviews
3. Choosing a Theoretical Group Approach
 - a) Theoretical group approaches
 - b) Interpersonal
 - c) Psychodynamic
 - d) Social systems
 - e) Cognitive-behavioral
 - f) Psychodrama
4. Assessing the Group for Storiez Readiness
 - a) Assessing the group's needs/ Storiez readiness
 - b) Considering context
 - c) Implementing Storiez in diverse contexts
 - d) Storiez group plan
5. Establishing Safety
 - a) Safety in groups
 - b) Group rules
 - c) Cohesion
 - d) Group routine
6. Defining the Role of the Group Facilitator
 - a) Factors that influence group leadership style
 - b) Responsibilities of the group leader
7. Integrating Storiez into the Group Setting
 - a) Trauma narrative formats
 - b) Case examples