



# Client Plan

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

## Individual

### Strength and Resiliency Factors

Community engagement	Academic success	Coping skills	Empathy
Communication	Creativity	Friendships	Expressivity
Leadership	Motivation	Adult support	Resourcefulness
Assertiveness	Reflectivity	Adaptability	Organizational skills

### Individual Barriers

Self-harm	Avoidance	Attentional challenges	Denial
Attachment challenges	Lack of control in environment	Inconsistent engagement	Memory impairments
Psychosis	Dissociation	Re-exposure to triggers	Aggression

## Family

### Strength and Resiliency Factors

Support for treatment	Consistency	Advocacy for needs	Stable living environment
Empathy and understanding	Access to resources	Able to provide basic needs	Connectivity

### Family Barriers

Poverty	Substance Abuse	Mental health Challenges	Incarceration
Language barriers	Unemployment	Conflict	Inconsistency

E-mail: [storiezguide@gmail.com](mailto:storiezguide@gmail.com) Phone: (267)-746-0049

P.O. Box 43232 Philadelphia, PA 19129 [www.Storiezguide.com](http://www.Storiezguide.com)

© Meagan Corrado, DSW, LCSW



**Agency**

**Timeframe**

Authorization Period		Session Frequency	
----------------------	--	-------------------	--

**Context**

Outpatient		In-Home		Community		Hospital	
Residential		School		Shelter		Other:	

**Modality**

Individual		Group	
------------	--	-------	--

**Client Plan:**

Is my client ready for Storiez? Why/why not? If not, when might he/she be ready?

Are there issues that my client and I should work on prior to introduction of Storiez?

How can I incorporate Storiez into the treatment I am already providing?

How detailed can my client's story be based on the limitations of my setting?

How would I introduce Storiez to my client?